

Lamb, Sweet Chilli & Coriander Sausages

Total ingredient (raw) weight: 11190.00 g
 Total (cooked) weight: 11190.00 g
 Weight change: 0.00 %

Nutrition Information		
Servings per package:	1.00	
Serving size:	100.00 g	
	Average Quantity per Serving	Average Quantity per 100 g
Energy	660 kJ	660 kJ
Protein	18.4 g	18.4 g
Fat, total	8.9 g	8.9 g
- saturated	3.6 g	3.6 g
Carbohydrate	2.2 g	2.2 g
- sugars	0.4 g	0.4 g
Sodium	391 mg	391 mg

Ingredient name: Lamb, 90% chemical lean, raw
08A20651

Amount: 10.00 kg

Energy: 716 kJ **Fat, total:** 10.0 g **Carbohydrate:** 0.0 g **Sodium:** 50 mg
Protein: 20.3 g **Fat saturated:** 4.0 g **Sugars:** 0.0 g

Ingredient name: Sweet Chilli Sauce (C)

Amount: 730.00 g

Energy: 117 kJ **Fat, total:** 0.0 g **Carbohydrate:** 7.0 g **Sodium:** 102 mg
Protein: 0.0 g **Fat saturated:** 0.0 g **Sugars:** 6.0 g

Ingredient name: Coriander, fresh, leaves & stem
13A11089

Amount: 110.00 g

Energy: 170 kJ **Fat, total:** 0.7 g **Carbohydrate:** 3.7 g **Sodium:** 28 mg
Protein: 3.1 g **Fat saturated:** 0.1 g **Sugars:** 2.5 g

Ingredient name: TAPIOCA STARCH (C)

Amount: 250.00 g

Energy: 473 kJ **Fat, total:** 0.0 g **Carbohydrate:** 77.8 g **Sodium:** 0 mg
Protein: 8.3 g **Fat saturated:** 0.0 g **Sugars:** 0.0 g

Ingredient name: Salt, cooking
10F60062

Amount: 100.00 g

Energy: 0 kJ **Fat, total:** 0.0 g **Carbohydrate:** 0.0 g **Sodium:** 37980 mg
Protein: 0.0 g **Fat saturated:** 0.0 g **Sugars:** 0.0 g

NOTE: All nutrient values shown above for these ingredients are per 100g EP

Working values may differ from final NIP due to rounding.

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