

Beef & Caramelised Onion Sausages

Total ingredient (raw) weight: 6225.00 g
 Total (cooked) weight: 6225.00 g
 Weight change: 0.00 %

Nutrition Information		
Servings per package:	1.00	
Serving size:	100.00 g	
	Average Quantity per Serving	Average Quantity per 100 g
Energy	922 kJ	922 kJ
Protein	19.8 g	19.8 g
Fat, total	23.3 g	23.3 g
- saturated	11.2 g	11.2 g
Carbohydrate	9.0 g	9.0 g
- sugars	3.7 g	3.7 g
Sodium	818 mg	818 mg

Ingredient name: Beef, 80% chemical lean, raw
 08A10932

Amount: 5.00 kg

Energy: 1136 kJ **Fat, total:** 20.0 g **Carbohydrate:** 0.0 g **Sodium:** 34 mg
Protein: 23.2 g **Fat saturated:** 8.3 g **Sugars:** 0.0 g

Ingredient name: Caramelized Onions (C)

Amount: 1.00 kg

Energy: 3 kJ **Fat, total:** 45.1 g **Carbohydrate:** 46.6 g **Sodium:** 1121 mg
Protein: 6.1 g **Fat saturated:** 28.2 g **Sugars:** 23.0 g

Ingredient name: TAPIOCA STARCH (C)

Amount: 125.00 g

Energy: 473 kJ **Fat, total:** 0.0 g **Carbohydrate:** 77.8 g **Sodium:** 0 mg
Protein: 8.3 g **Fat saturated:** 0.0 g **Sugars:** 0.0 g

Ingredient name: Salt, cooking
 10F60062

Amount: 100.00 g

Energy: 0 kJ **Fat, total:** 0.0 g **Carbohydrate:** 0.0 g **Sodium:** 37980 mg
Protein: 0.0 g **Fat saturated:** 0.0 g **Sugars:** 0.0 g

NOTE: All nutrient values shown above for these ingredients are per 100g EP

Working values may differ from final NIP due to rounding.

Printed: 12:49 Wednesday, 1 May 2019